

BREAST HEALTH SERVICES



The Christ Hospital Health Network is committed to the prevention, early detection, treatment and research of breast cancer. We offer a full scope of breast care—from our primary care providers (internal and family medicine) and obstetrics and/or gynecology to help ensure timely mammogram screenings, to our Comprehensive Breast Center and convenient mammogram locations, to inpatient and outpatient medical and surgical services, to our robust clinical trials and extensive network of support services—all coordinated by a dedicated breast health patient navigator. For more information, please contact us at **513-585-1000** to find a service or specialist near you. We're here to support you in any way we can.

Comprehensive Breast Centers

The Comprehensive Breast Center consists of dedicated breast radiologists and mammography specialists who offer all services to ensure healthy breasts, including digital preventative and diagnostic mammograms, digital breast tomosynthesis (3D mammogram), breast ultrasound, whole breast ultrasound, breast biopsy, DEXA bone density screening and breast MRI. When needed, care is coordinated with a broad range of medical specialists as part of a team approach to caring for patients with breast problems. You can find this “one-stop-shop” for all of your breast health needs in Montgomery and Mount Auburn.

Imaging Centers

Our goal is to meet all patient's mammogram and imaging needs with the convenience, state-of-the-art technology, expert physicians and staff, and same great care from the area's Most Preferred Hospital. Imaging centers are conveniently located in Anderson, Fort Wright, Green Township, Red Bank, Mason, Montgomery and Mount Auburn.

Primary Care (Internal and Family Medicine)

Annual wellness check-ups with your primary care physician are an important part of staying healthy. These visits give your primary care physician the opportunity to discuss any health concerns you may have, understand your family health history, develop preventative and wellness plans, provide routine care for common conditions and illnesses and refer you to specialists and/or testing for items like your yearly mammogram. Primary care physicians are located throughout Greater Cincinnati and Northern Kentucky.

Obstetrics & Gynecology

The relationship between a woman and her OB/GYN is one based on trust, respect and compassion. That's why we provide a wide range of experienced care providers in many locations throughout the Greater Cincinnati area, so patients can find the doctor who will deliver the experience they want with the expert care they deserve. We provide comprehensive women's care, from adolescence through menopause and beyond, and we combine our specialized skill sets and passion for women's health to ensure care is of the utmost quality. Specialists are located throughout Greater Cincinnati and Northern Kentucky.

Medical Oncology

Medical oncologists are a select group of professionals specializing in the diagnosis and latest treatments of cancers and blood diseases. With years of experience in cancer research and medical training and teaching at some of the best medical schools in the country, our medical oncologists are dedicated to providing cutting-edge care for every stage of breast cancer treatment. And, affiliations allow our medical oncologists to share best practices, stay at the forefront of treatment innovation and provide patients with the most advanced treatment options. You can find medical oncologists at any of these locations: Anderson, Fort Wright, Mason, Montgomery, Mount Auburn and Red Bank.

Radiation Oncology

Our experienced radiation oncologists are medically trained in state-of-the-art radiation therapy techniques for breast cancer, including high dose radiation (Edge, intra-operative radiation therapy and partial accelerated breast radiation), hypofractionation and prone positioning. Radiation oncologist, with help from a physicist and dosimetrist, determine the best, individualized radiation treatment plans, including: the type of machine to use; the amount (dose) of radiation that is needed; and the number of treatments that will be given. These checks and balances ensure our patients receive a more targeted treatment that lessens the effects of surrounding tissues. You can find experts in radiation therapy in Montgomery and Mount Auburn.

Surgical Oncology (including Oncoplastic Breast Surgery)

When faced with fighting breast cancer, having the right kind of support is crucial for successful treatment. And, having access to treatment options not offered anywhere else in the country has its advantages. Our surgical oncologists are highly trained and specialized to utilize the very latest technological advances for the diagnosis and treatment of breast cancer, including oncoplastic lumpectomy procedures which help maintain the normal contour to the breast after lumpectomy and increase the number of women who have the option of undergoing lumpectomy instead of mastectomy. Rather than a "one

size fits all" approach, care is individualized based on an individual's cancer biology, family history and personal goals and priorities. Surgical oncologists will be available in Montgomery on January 15. Other current locations include Mount Auburn and Red Bank.

Breast Reconstruction

Breast reconstruction surgeons with microvascular expertise are trained in advanced surgical techniques for immediate or delayed breast reconstruction surgery. Their training includes breast implants, standard flap procedures, advanced muscle sparing flap procedures (DIEP Flap and others) as well as nipple and areola reconstruction. Breast reconstruction is offered at the following locations: Montgomery (Jan. 15), Mount Auburn and Red Bank.

Breast Cancer Support Services

In order to provide a comprehensive and seamless approach to care, we offer many support services for people undergoing breast cancer treatment, including:

- Breast health patient navigator and social workers
- Oncofertility program
- Cardio-oncology program
- Genetic testing and counseling
- Clinical trials specific to breast cancer
- Lymphedema specialists
- Nutrition programs
- Financial counseling
- Tai Chi and yCat Yoga
- Cancer fatigue program

Inpatient Care

The oncology care unit at The Christ Hospital in Mount Auburn is a 30-bed inpatient unit that utilizes a multidisciplinary team approach for patients with cancers and blood disorders. Our team includes specialists in medical oncology, radiation oncology and hematology, specially trained nurses and dietitians, social work and case management assistance, palliative care services, among others. At the heart of the unit is patient and family centered care, a partnership among healthcare providers, patients and families.